Rosacea

**What is Rosacea?**

Rosacea is an inflammatory skin condition caused by chronic inflammation and abnormal blood vessel response to stimuli…are you seeing red?

**What does Rosacea look like?**

**Pustular Rosacea Regimen**

**Epionce**: Lytic Gel Cleanser

**Skin Nutrition:** Soothing Mineral Solution

**PPPI:** Rosacea Cream

**Epionce:** Intensive Nourishing Cream

**Color Science:** All Calm SPF 50

This skin condition is characterized by the following:

* flushing
* visible blood vessels
* swelling
* persistent redness
* rough texture/scaly skin

**Normal/Dry Skin Rosacea Regimen:**

**Epionce:** Milky Lotion Cleanser

**Skin Nutrition:** Soothing Mineral Solution

**Skin Nutrition:** Epidermal Repair Serum

**PPPI:** Rosacea Cream

**Skin Nutrition:** Cellular Restoration Cream **OR**

**PPPI:** Healthy Skin Cream

**Color Science:** All Calm SPF 50

* burning/sensitivity
* acne-like breakouts with oiliness
* increased presence of Demodex mites

**Common Triggers:**

* heat/sun exposure
* emotional stress

**Oily/Acneic Skin Rosacea Regimen:**

**Skin Nutrition:** Clear Complexion Cleansing Gel

**Skin Nutrition:** Soothing Mineral Solution

**Epionce:** Lite Lytic TX

**PPPI:** Rosacea Cream

**Color Science:** All Calm SPF 50

* wind
* diet/spicy foods/alcohol
* exercise
* skincare ingredients
* medication

**Can we successfully manage Rosacea?**

**YES!** While there is no known cure for Rosacea, managing this skin condition is possible with your dedication both at home and in the treatment room. An ingredient-focused skincare regimen and targeted treatment plan will put you on a path of healthy, healed skin. I recommend having an Aesthetic consultation to determine which treatments are appropriate for you. In your consultation we will discuss your history, habits, triggers, and set expectations to cultivate the optimal treatment plan to reach your goal.

**Aesthetic treatments for Rosacea:**

We offer the safest and most effective Aesthetic treatments in our industry today. My favorite treatments for Rosacea are Sciton BBL, SkinPen and a custom chemical peel series. With these treatments, you will experience the best of both worlds, healing, AND anti-aging!

It is my privilege to work with you in achieving your healthiest skin.

I look forward to visiting with you in the future, lets *glow* together!

If you should have any questions, please reach out to me via the number listed below or by email Bailie.Muñoz@hotzehwc.com