

# DR. STEVEN HOTZE

H O T Z E  
HEALTH & WELLNESS CENTER [INTL](http://intl.com)

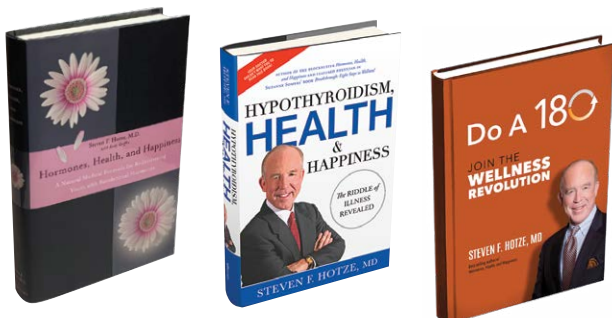
## Ⓢ PHYSICIAN, RADIO HOST, AND BEST SELLING AUTHOR

Dr. Hotze earned his Medical Degree from the University of Texas Medical School at Houston. He is the former president of the American Academy of Biologically Identical Hormone Therapy (AABIHT) and former president of the Pan American Allergy Society (PAAS). He is a member of the Association of American Physicians and Surgeons (AAPS). Dr. Hotze founded the Hotze Health & Wellness Center in Houston in 1989. Dr. Hotze is also the CEO of Conservative Republicans of Texas (CRTX) and the Publisher of CRTX News.

Dr. Hotze has written three books for people who want to take charge of their health, *Hormones, Health, and Happiness*, first published in 2005, focuses on bioidentical hormones, and *Hypothyroidism, Health & Happiness*, published in 2013, discusses why hypothyroidism is so underdiagnosed and what to do about it. In his most recent book, *Do A 180: Join The Wellness Revolution* (2017), Dr. Hotze explains the pitfalls of modern medicine and encourages readers to take control of their own health.



Dr. Hotze hosts "Dr. Hotze's Wellness Revolution" podcast which airs weekly on all major podcasting and social media platforms.



## Ⓢ SPEAKER AND WELLNESS EXPERT

Dr. Hotze has appeared on over 170 national and regional radio and TV shows since April of 2020. He is an expert in the field of health and wellness and encourages individuals to strengthen their immune system in order to protect and prevent themselves from contracting contagious diseases.

Dr. Hotze is an expert in natural approaches to health. He is a driving force in the Wellness Revolution, educating people to take charge of their health through healthy eating, replenishing and balancing their hormones with bio-identical hormones, vitamin and mineral supplementation, allergy treatment and exercise.

## Ⓢ FATHER, GRANDFATHER AND COMMUNITY MEMBER

Dr. Hotze has been married to his high school sweetheart since 1968. They have eight children and are the proud grandparents to twenty-four grandchildren.



# DR. HOTZE'S EXPERTISE

## Maintaining good health...naturally

Dr. Hotze and his team at the Hotze Health & Wellness Center have helped over 33,000 patients restore and maintain their health since 1989. Their mission is to help patients obtain and maintain health and wellness naturally by:

- Strengthening their immune system
- Increasing their energy level

These goals can be accomplished by following Dr. Hotze's 8-Point Treatment Regimen:

1. Treatment of airborne allergies
2. Treatment of food allergies
3. Treatment of yeast (Candida)
4. Natural thyroid hormone supplementation
5. Bioidentical hormone treatment in women and men when indicated
6. Treatment of adrenal fatigue
7. Vitamin and mineral supplementation
8. Nutritionally balanced eating and exercise

By listening closely to their symptoms and tailoring a treatment plan to every individual, Dr. Hotze helps them get onto a path of health and wellness. Dr. Hotze is one of the leaders in the nation in the use of bioidentical hormones and has written extensively about how they help restore health and vitality, and are superior to the synthetic counterfeit hormones used in conventional medicine.

© STEVEN F. HOTZE, M.D.

**Founder and CEO – Hotze Enterprises**

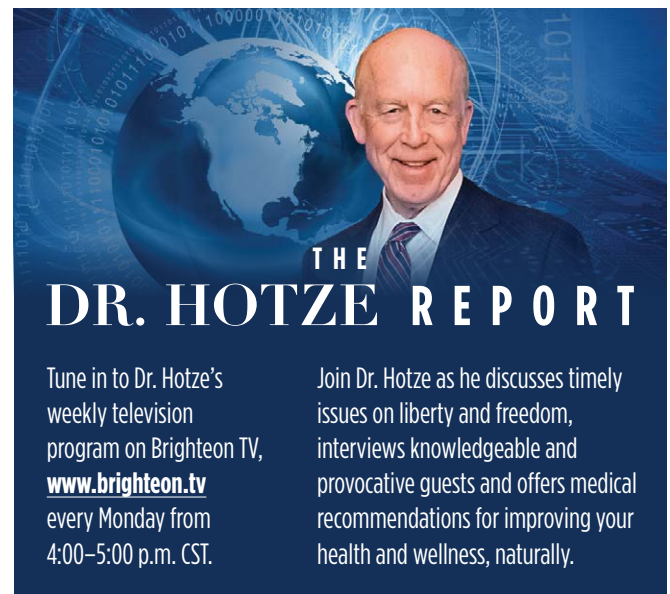
[www.hotzehwc.com](http://www.hotzehwc.com)  
[www.physicianspreference.com](http://www.physicianspreference.com)  
[www.physicianspreferencex.com/](http://www.physicianspreferencex.com/)

CONTACT INFORMATION:

Phone: 281.698.8698

Email: [info@hotzehwc.com](mailto:info@hotzehwc.com)

**H O T Z E**  
HEALTH & WELLNESS CENTER INTL



**THE DR. HOTZE REPORT**

Tune in to Dr. Hotze's weekly television program on Brighteon TV, [www.brighteon.tv](http://www.brighteon.tv) every Monday from 4:00–5:00 p.m. CST.

Join Dr. Hotze as he discusses timely issues on liberty and freedom, interviews knowledgeable and provocative guests and offers medical recommendations for improving your health and wellness, naturally.

### © SOCIAL MEDIA



### © PODCAST SOURCES

